

Health and Wellness Department

Patrinia Redd

Lisa Cox

Phoebe-Reid Chambers

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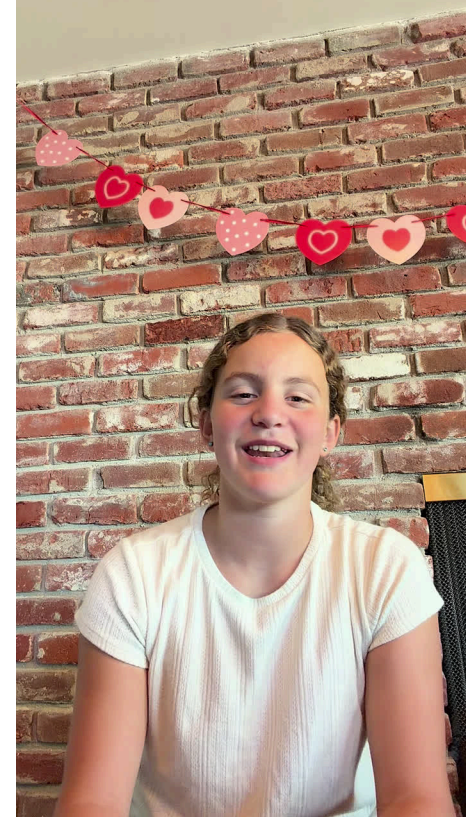


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Wellness Committee

Student Advisors



Our committee's mission remains focused on discussing and addressing the health and wellness needs of RCSD students.

Committee Members

- *Stephanie Nixdorf-Parent*
- *Tiffany Sauter-Parent*
- *Hana Whizin-One Life Counseling*
- *Charlene Margot-The Parent Venture*
- *Tracy Lyons- Acknowledge Alliance*
- *Brenda Melton-Jasper Ridge Farm*
- *Elisa Chavez-Redwood City Together*
- *Phoebe Reid Chambers-Lead District Nurse*
- *Ana Paula Garay-Lead Mental Health Counselor*
- *Elizabeth Calderon-Director of Community Schools*
- *Brianna Turner-Admin on Special Assignment MTSS*
- *David Li-Board Member*
- *Jennifer Ng Kwing King-Board Member*

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Putting the annual notification into practice

Education Code 48980 requires districts to send mandatory health and safety notices to families at the start of each school year. Here is the school nurse's role.



Immunizations

Review student records, notify families of missing vaccines, and complete the immunization audit



Health examinations

Examination forms are recommended for all new students, including TK/K. For TK/K students, the recommendation is by 1st grade. Follow up with families on missing forms.



Medication administration

Collect signed parent and provider authorization forms before any medication is given at school



Mental health resources

Share how to access school and community support, and connect students with services

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BP/AR 5141.4 – Child Abuse Prevention & Reporting

State mandates, annual training protocols, and department training leads

ANNUAL DEADLINE



October 1st

Mandatory Vector Training Completion

Required for all district personnel prior to the Oct 1st cutoff each academic school year.

Legal Authority: AB 1432 / CA Ed Code § 44691



Requested Staff Workshops

Ana Paula: Conducts specialized staff training sessions upon request.



PE+ Staff Training Lead

Patrinia Redd: Leads dedicated compliance training for all PE+ program staff.

Status: Vector Online Modules Active & Live Staff Training Support Available

[BP/AR 5141.4 Compliance](#)

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RCSD Suicide Prevention & Wellness Actions

Comprehensive four-pillar framework spanning staff, students, families, and crisis teams



Staff Training & Development

Vector Solutions Modules: Provided to teachers, interns, counselors, substitute teachers, coaches, expanded learning staff, crossing guards, tutors, and volunteers.



Student Instruction & Support

Tier 1 SEL & Skill Building: Problem-solving, coping, resiliency, and warning sign identification.

Help-Seeking & Reporting: Active encouragement to notify staff or trusted adults.



Parent & Community Engagement

Caregiver Resources: Collaborating with district partners (e.g., Walter) to share risk/protective factors, warning signs, policies, and crisis resources in parent newsletters.



Crisis Protocols & Response Teams

SMCOE Protocols: Countywide intervention, threat, and postvention workflows.

Site Teams: Kennedy & MIT sending teams to Oct 23 SMCOE training.

District Oversight: Sharing policy compliance, trainings, and resources with admins, counselors & extended staff

Board Policy & AR 5141.52

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Nurse Department

Lead Nurses



District Nurses



LVNs





Sonrisas

Dental Screening Data

3 Year Trends

School Years FY 2024-2026

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Dr. Sorrell Dental



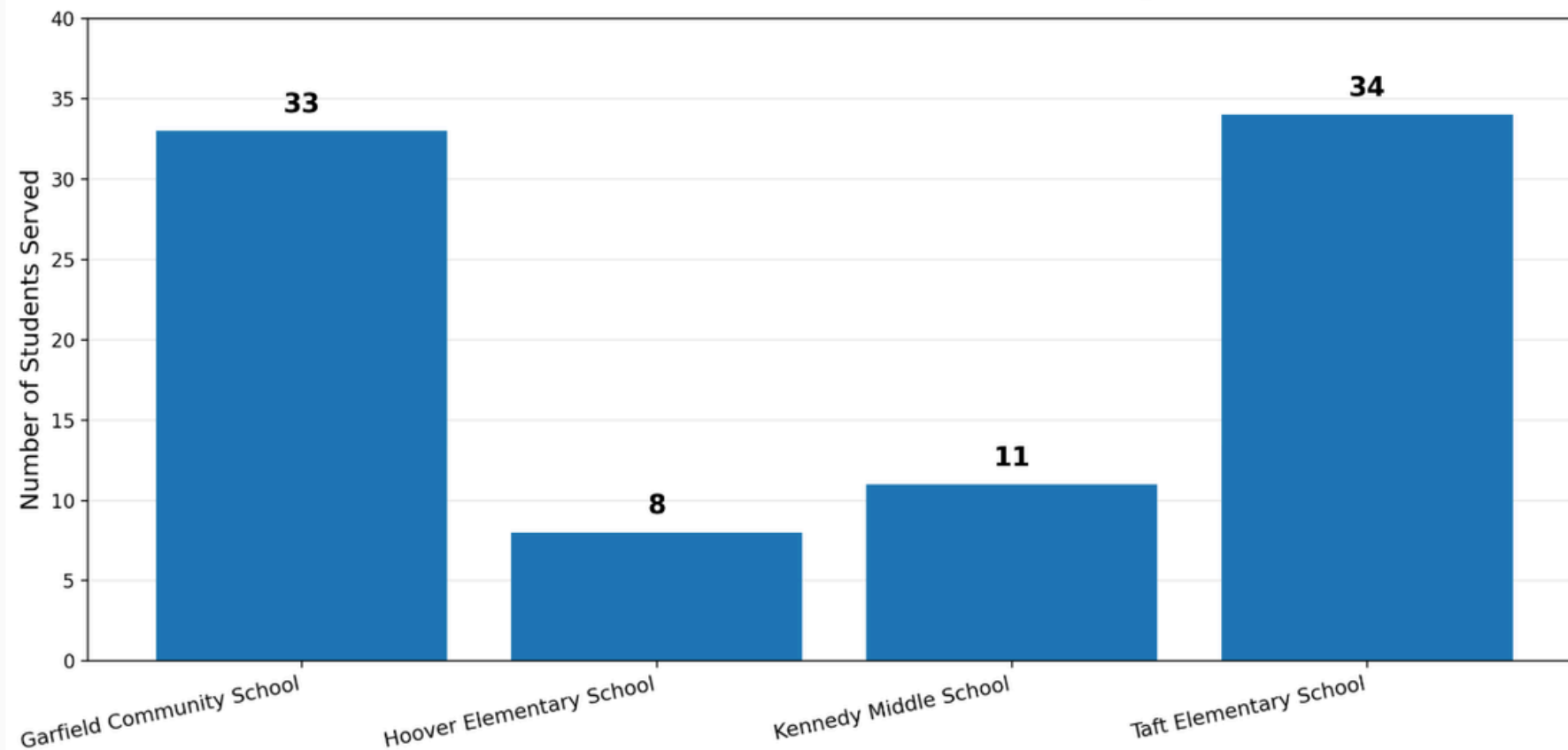
Dental Robin Hood

PREVENTION OVER INTERVENTION

Key Outcomes

- All students received comprehensive dental screenings.
- Fluoride varnish was provided to help prevent tooth decay.
- Students received professional dental cleanings.
- SDF treatment was provided for active or suspected cavities.
- Dental sealants were applied to help prevent cavities.
- Students without current dental insurance received dental care at no cost.
- The program resulted in no cost to the District through direct insurance billing and provider-supported free care.

**Students Served by School Site
2025-2026 Preventive Dental Program**



Source: RWCSA Annual Report 2025-2026 — RS2 Mobile Dentistry

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Hearing Screenings Results 25/26

Hearing Screening Results Summary by School Site			
School Site	Hearing Screening Failures	Could Not Test (CNT) / Absent	Total Records Listed
Garfield	1	6	7
Henry Ford	6	39	45
Hoover	6	24	30
Kennedy	0	1	1
McKinley	1	0	1
Orion	3	0	3
Roosevelt	2	18	20
Roy Cloud	2	0	2
Taft	2	0	2
Total	23	88	111

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Vision Screenings Results 25/26

School Site	Vision Screening Failures	Could Not Test (CNT) / Unable	Total Records Listed
Clifford	36	1	37
Garfield	36	3	39
Henry Ford	49	3	52
North Star	5	0	5
Orion	21	0	21
Roosevelt	31	12	43
Roy Cloud	29	2	31
Total	207	21	228

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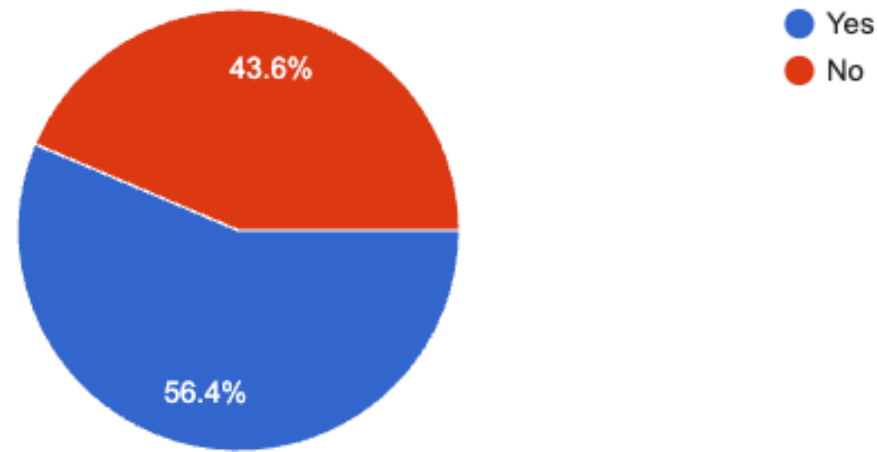


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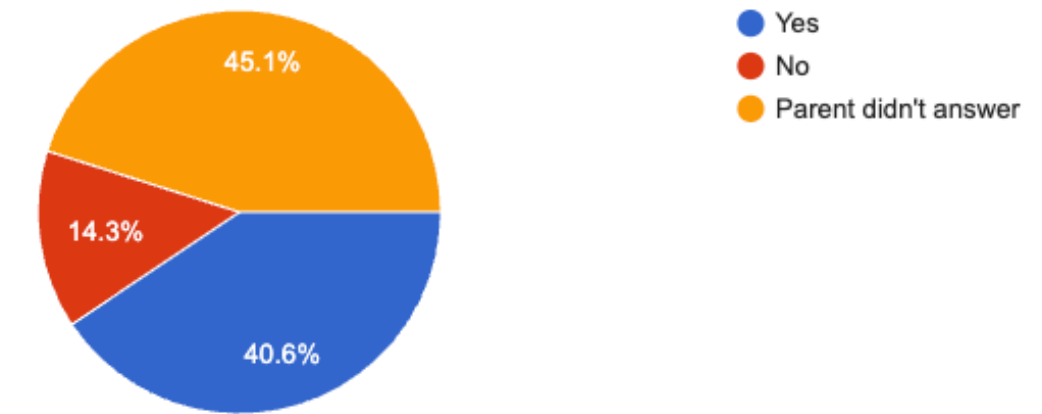
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Follow-up Results

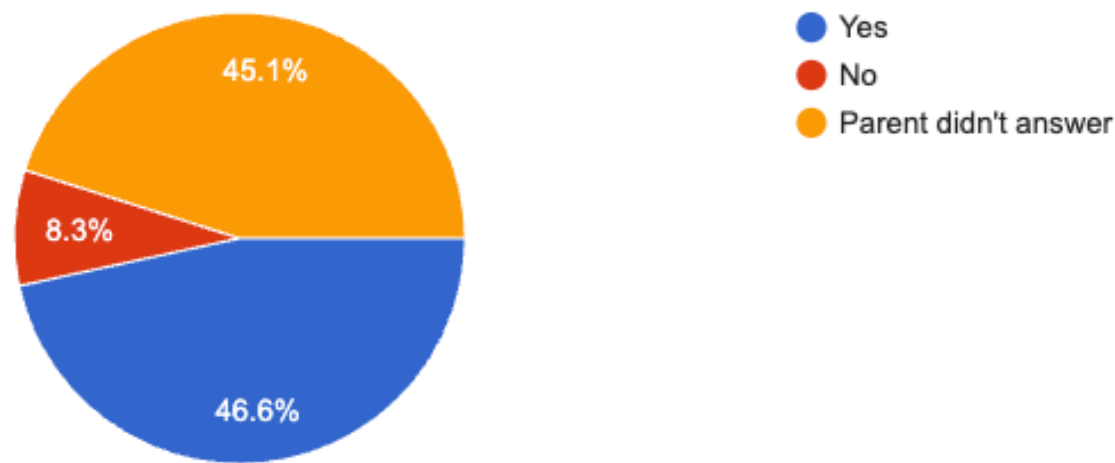
Did the parent answer the phone



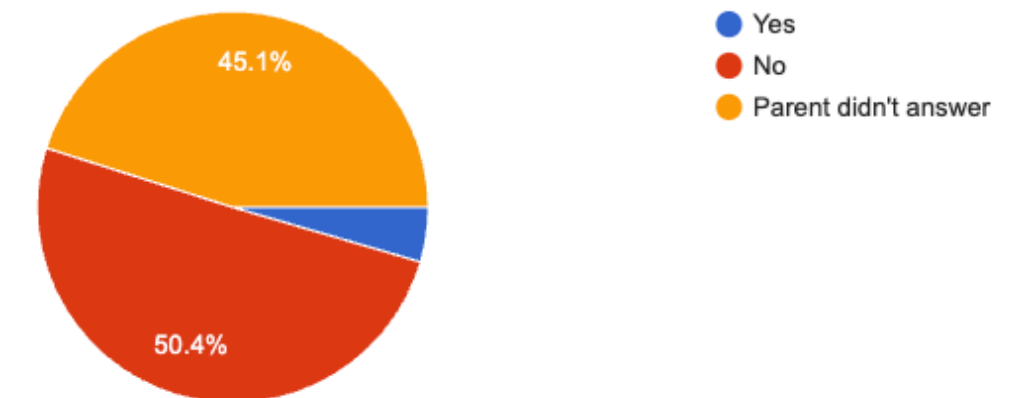
Did the parent follow up with a physician after the student failed the exam?



Did the parent receive notification regarding the student failing the exam?



Does the parent need any additional support?



- **Your Completed or Scheduled Appointments:** Many parents reported that their children had already been evaluated by a doctor, pediatrician, or eye-care specialist, such as an ophthalmologist or optometrist. Others had appointments scheduled for follow-up evaluation.
- **Eyewear Status:** Many students already wear glasses or contact lenses, or had received glasses through the school or an eye-care provider. In some cases, students did not consistently wear their glasses, had broken or lost them, or a doctor determined they did not need corrective lenses.
- **Pending or Delayed Follow-Up:** Some parents had not yet completed the recommended follow-up due to scheduling difficulties, busy family schedules, lack of insurance, or other barriers to accessing care.
- **Communication Barriers:** Several follow-up attempts were unsuccessful because parents did not answer calls or messages. In some cases, language barriers, including families who primarily speak Spanish, made communication and follow-up more challenging.

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Student CPR Certification

School Sites	# of Students
Clifford	3
Kennedy	13
McKinley	5
NSA	17
Roy Cloud	10
	48

Funding donated by Board President
Weekly for 50 students

- 1st sign-up: 118 students
- 24 participants completed the class in August 2026
- 2nd sign-up: 70 students
- 24 participants completed the class in September 2026

Students must be 13+ to take class

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Safe Routes to School E-Bike Survey

May 2025 survey conducted by Safe Routes to School BP 5142.2

School	Bikes	E-Bikes	E-motos	Scooter	E-Scooter	Total
Clifford	11	0	2	0	3	16
Garfield	4	0	0	2	2	8
Hoover	8	0	3	8	1	19
Kennedy	18	0	11	1	19	49
McKinley	27	1	6	0	4	38
Roy Cloud	0	0	6	2	2	10

-  **E-Bikes:** Legal e-bikes have pedals, motors under 750 watts, and are limited to 20–28 mph depending on the class.
-  **E-Motos:** E-motos are more powerful and much faster than e-bikes, with some capable of reaching 65 mph, creating greater safety concerns.
-  **E-Scooters:** Riders must be 16 or older, have a valid driver's license or permit, and wear a helmet—so K–8 students generally should not be riding them.

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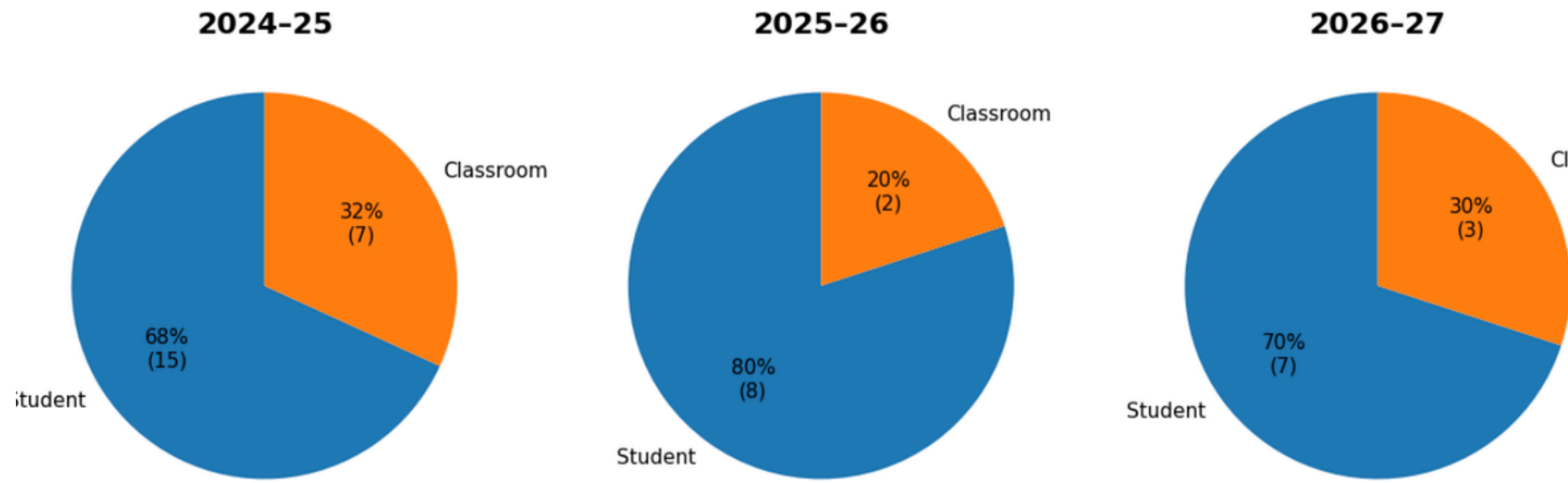


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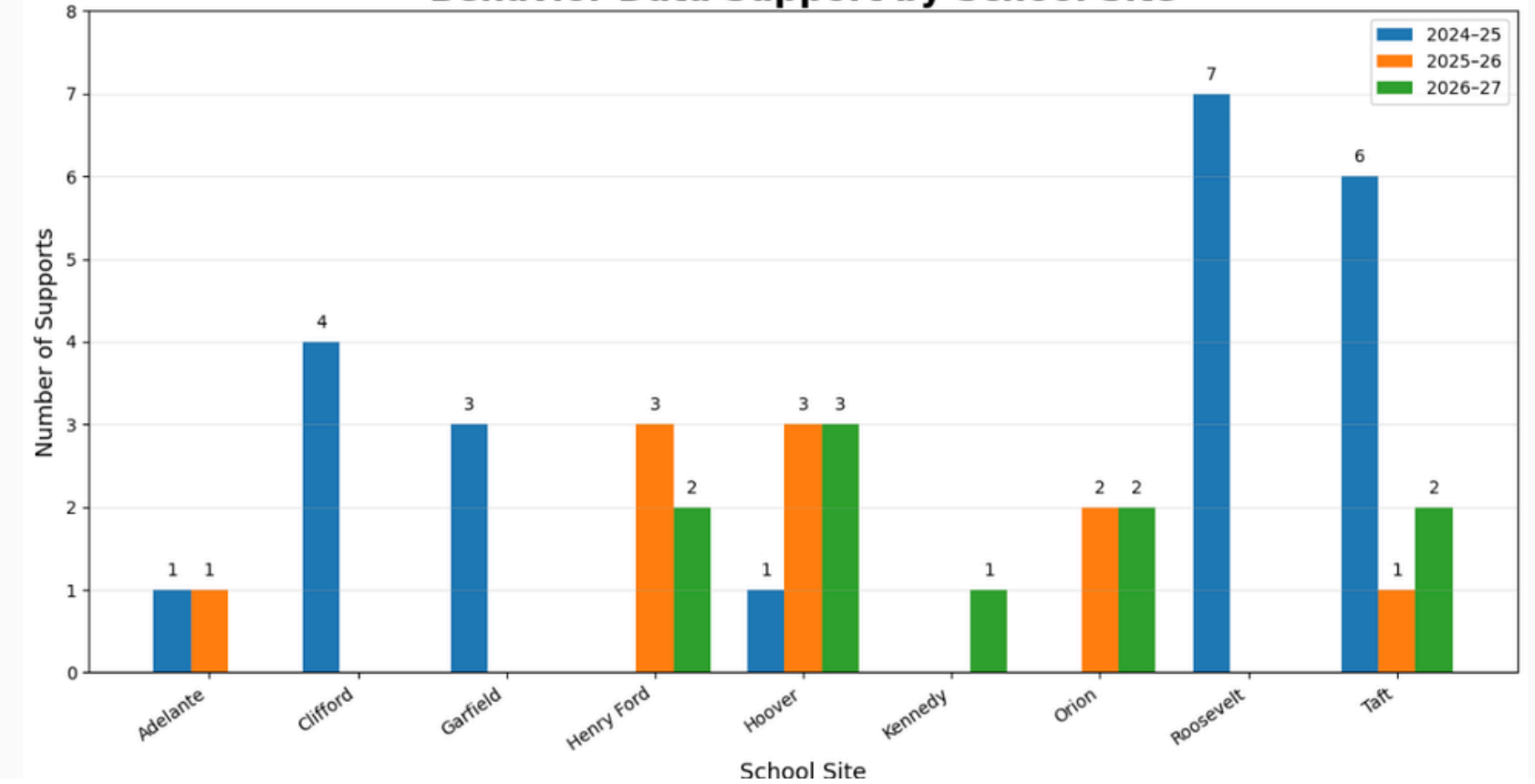
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Behavior Supports

Student vs. Classroom Referrals by School Year



Behavior Data Support by School Site



- Classroom support-3 or more students with behavior concerns or teacher needs assistance with classroom management technique.
- Student support-A single student has been identified as having behavior concerns and parent has signed consent to provide support for the student
- Board Certified Behavior Analyst (BCBA) and Behavior Technician (BT) support teachers and classroom in General Education and students on IEPs who do not have behavior goals. Funded through LCAP.

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Sequoia Healthcare District MOU

	2026/2027	2025/2026	2024/2025
Staffing (Wellness Director, 3 RNs	\$523,105	\$507,849	\$490,694
Counseling	\$391,550	\$391,550	\$351,500
Parent Education	\$0	\$15,000	\$15,000
Partner Funding	\$573,950	\$937,348	\$1,101,495
Total Contribution	\$1,488,605	\$1,851,747	\$1,958,689

SHD is funding RCSD directly for most partners for the 26/27 year

Decrease in funding is due to SHD funding programs such as PE+ and Parent Venture directly.

One change for this year is United through Education for One Life Parent Interactive Workshop

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Parent Education Series by The Parent Venture

- Thursday, Sept 17 - 5:30pm, RCSD (Jeremy Latta)
Role in Disrupting Commercial Sexual Exploitation of Children (CSEC)
- Tuesday, Dec 1 - 5:30pm, RCSD (Erin Walsh, Spark & Stitch Institute)
It's Complicated: Kids, Screens, and Mental Health
- January, 2027 - 5:30pm, RCSD (Ana Homayoun)
Helping Your Child Develop Organized Thinking and Executive Function
- March/April, 2027 - 5:30pm, RCSD (Ramsey Khasho, PsyD, One Life)
Mental and Emotional Health for Thriving Kids

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Partnership with College of San Mateo & Unitek

College of San Mateo Nursing Program Partnership | Established February 2021

Student Clinical Learning

- Students receive hands-on training in school health and first aid.
- Practice color vision screening and participate in student health screenings.
- Learn the school immunization audit process and review compliance requirements.
- Shadow school nurses in medically complex classrooms.
- Gain experience supporting students with complex medical conditions and understanding school-based nursing care.

Partnership Growth & Workforce Pipeline with Unitek

- RCSD is in the process of developing a formal partnership with Unitek College of Nursing.
- RCSD has collaborated with Unitek by supporting mock interviews for nursing students.
- Several Unitek graduates have subsequently applied to work with RCSD as substitute nurses.
- These partnerships strengthen nursing student preparation while helping build a pipeline of qualified school-health professionals.

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Health & Wellness Goals and Next Steps

- 1. Ensure compliance with state and district health mandates by maintaining rigorous adherence to all applicable laws, regulations, policies, and health requirements.*
- 2. Promote equitable access to education by providing comprehensive health support and resources for students managing chronic health conditions, disabilities, and health-related behaviors.*
- 3. Advance student and school-wide wellness through proactive prevention, health screenings, immunization compliance, health education, and early intervention.*
- 4. Reduce health-related barriers to learning by addressing student health needs, improving attendance, reducing chronic absenteeism, and supporting positive academic and behavioral outcomes.*
- 5. Strengthen school emergency preparedness by equipping staff with essential first aid, emergency response, and student health management skills.*
- 6. Strengthen partnerships with families and community healthcare providers to improve communication, coordinate services, connect students and families with resources, and promote continuity of care.*
- 7. Use health data to drive continuous improvement by monitoring student health trends, identifying unmet needs, evaluating programs, and using data to guide district health and wellness priorities.*

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Thank You!

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