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**REDWOOD CITY**  
SCHOOL DISTRICT

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## Health & Wellness

**Patrinia Redd-Director**

**Phoebe Reid-Chambers-Lead Nurse**

**Lisa Cox-Lead Nurse**

January 14, 2026

# Goals

1. Maintain rigorous adherence to all state and district health mandates and regulatory standards.
2. Facilitate equitable access to education by providing comprehensive support for students managing chronic health conditions and behaviors.
3. Advance school-wide wellness through proactive preventative screenings and the management of immunization protocols.
4. Mitigate health-related impediments to learning to reduce chronic absenteeism and improve student outcomes.
5. Cultivate institutional preparedness by equipping staff with essential first aid and emergency response competencies.
6. Foster collaboration between families, community healthcare providers, and the district.

# District Nurses

**RN Leads:** Phoebe Reid-Chambers & Lisa Cox

**RNs:** Diana Ayllon & Barbara Butler

**LVNs 1:1:** Rubina Abbott, Jocelyn Baluyot, Ruby Calip, Nadereh Sanatgar, Monica Rangel

**LVNs Office:** Patty Granados & Anna De La Torre



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School  
NURSE

# Nursing & Health Services Update

Goals 1, 2, 3 and 6

## Core Services

- **Clinical Care:** Emergency first aid, medication administration, and healthcare referrals.
- **Support & Compliance:** IEP/504 medical plans, immunization oversight, and staff medical training
- **Referrals:** Doctor, Mental health, Dental, community and public health resources
  - a. Doctor referral for vision/hearing follow up and medical care

## State-Mandated Screenings (Grades TK/K, 2, 5, 8, all schools)

- **Vision:** Credentialed nurses utilize handheld Spot screeners and Sloan/LEA charts. Color vision is screened for 1st-grade males.
- **Hearing:** Conducted by audiometry-certified nurses in partnership with Hearing Conservation Associates.
- **Additional:** Screenings provided for IEP assessments and by request.

## Vision Screening Trends

- **2023–2026:** Consistently screening ~2,900 students annually with a 3–4% referral rate for follow-up care.



# Daily/Weekly Snapshot

Goal 2 and 4

IEP/504s weekly	~5 per week	Varies per nurse
Daily student encounter	~5-30 per day	Varies by school site
% of day spent Direct Student Care	~30-85 %	Varies by school site



# Summary of Data

Nursing activity varies based on school size and grade configuration

Larger schools (TK/K–8 or middle schools) experience:

- Higher student volume
- Increased daily health office visits
- Greater medical and care coordination needs

Smaller elementary schools (TK/K–5) generally have:

- Fewer daily student visits
- Lower overall medical complexity

These differences contribute to the range in students seen and time spent in direct student care

# Vision\* Data for 3 Years

Goals 1, 3, and 4

Use data to make necessary modifications and use best practices to cultivate and expand the program

Years	Total Screened	Did Not Pass	Referred
2023-2024	2493	324	324
2024-2025	2842	380	380
2025-2026	1753	270	270

\*School nurse state-mandated screening at all school sites. Grades TK/K, 2nd, 5th & 8th, includes Newcomers, RLC and SLC. 2024-25 school year, VTL only screened 2 school; higher School nurse state-mandated screening numbers.



## Vision To Learn (VTL) -Title 1 schools (Clifford, Garfield, Hoover, Roosevelt, Taft, Adelante Selby, Kennedy and MIT)

- VTL completes initial screening for entire school.
- Free follow-up exam and glasses for students that did not have an instant pass

Year	Total Screened	Received Eye Exam	Received Glasses
2023	2810	580	510
2024	1286	357	293
2025	2596	656	600*

\*2025 glasses count is projected

Year	Schools Screened by VTL
2023	Adelante Selby, Henry Ford, Garfield, Kennedy, & Roosevelt
2024	Garfield & Roosevelt
2025	Adelante Selby, Hoover, Kennedy, McKinley & Taft

# Hearing Data for 3 Years

Goals 1, 3, and 4

Use data to make necessary modifications and use best practices to cultivate and expand the program

Mandated Grades: Kindergarten, 2nd, 5th and 8th Grades include SLC and RLC

Years	Total Screened	Did Not Pass	Referred
2023-2024	2909	180	180
2024-2025	2904	133	133
2025-2026	2856	119	119



# Immunizations



- Collaboration with registration team has improved the number of students coming into district missing required immunization
- Second Year partnered with Stanford teen van to host immunization clinics, over summer at Garfield

	Total TK/K enrollment	TK/K Missing IZs	Total 7th Grade enrollment	7th Grade Missing IZs	Teen Van (12 & Up)
2023-24	978	32	705	81	—
2024-25	978	31	738	24	34
2025-26	973	5*	738	5	46

\*2 students are conditional



# Key Takeaways

Goal 1, 3, and 4

- Immunization compliance improved over three years, with fewer TK/K and 7th graders missing vaccines due to nurse outreach, collaboration with registration, and community clinic partnerships.
- Vision screening conducted by district nurses for 7,088 students, with 974 (13.7%) referred; screenings peaked in 2024–2025, with referral rates remaining largely consistent. Vision screening helps to consistently reach students who needs vision interventions.
- Hearing Conservation Associates conducted hearing screening for 8,669 students, with 432 (5%) referred; referral rates declined slightly each year.
- The VTL program provided initial vision screening for all students, offers free follow-up exams and glasses for those who do not pass, and replaces lost or broken glasses once, ensuring hundreds of students receive needed vision care each year.



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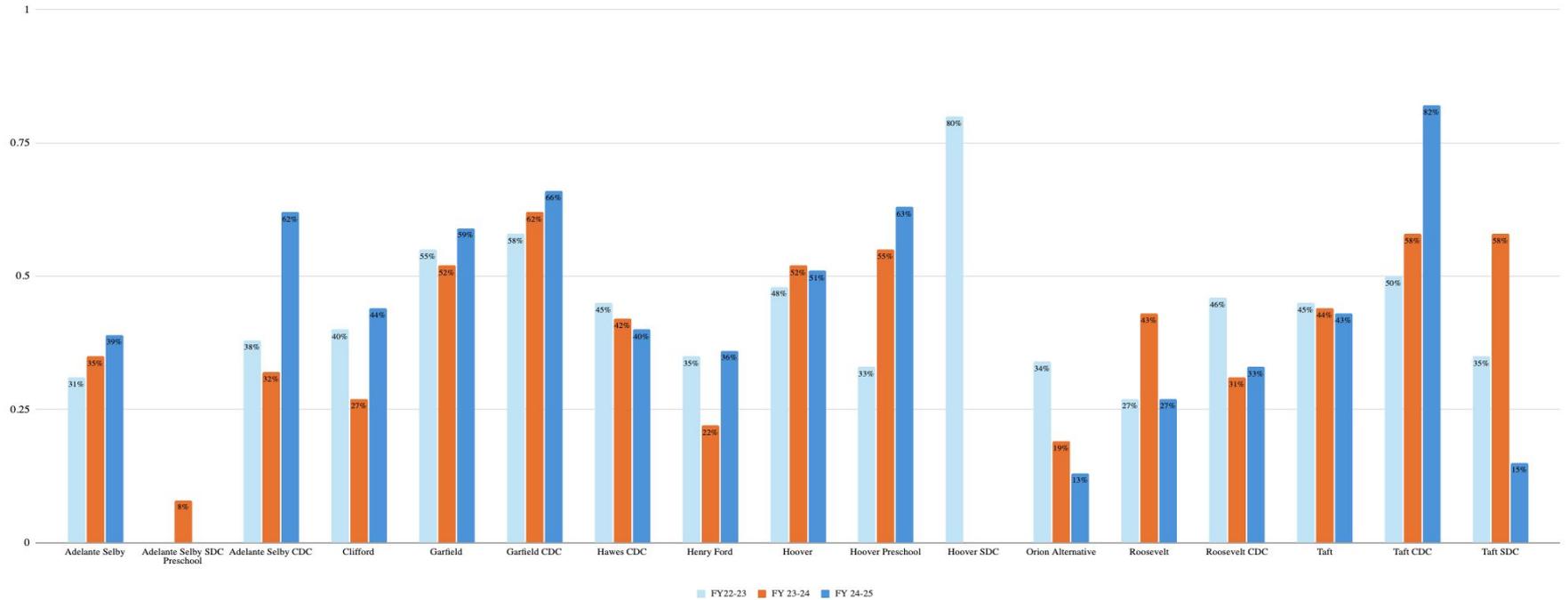
## Sonrisas Dental Health

- Provides oral screenings
  - Preschool-1st-grade
- Visual inspection
  - Visible decay, Visible cavities, urgent care required
- Consent
  - Opt out only
- Sonrisas staff will notify parents further care required



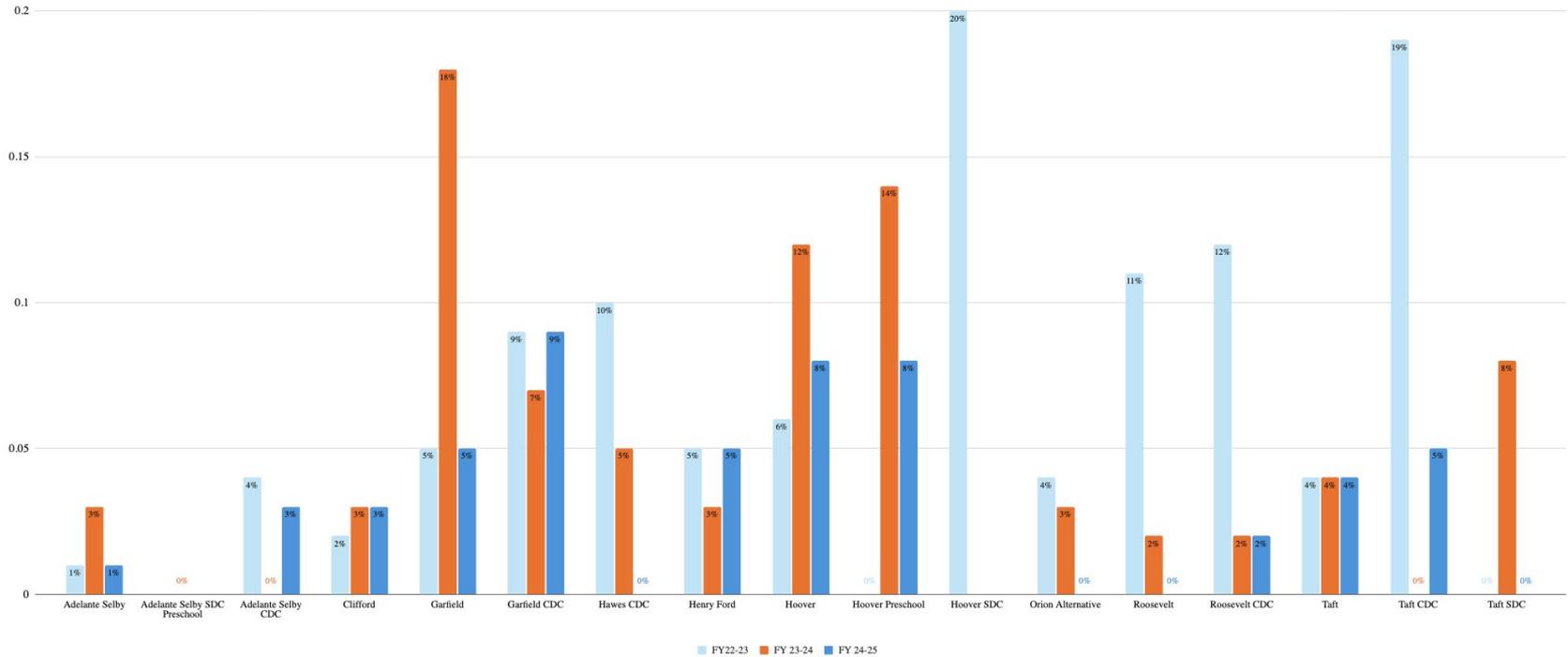
# RCSD Decay Percentage

RCSD Students with Decay 2022-2024 (Percentage)



# RCSD Urgent Dental Needs

RCSD Students with Urgent Needs 2022-2024 (Percentage)



# Summary of Data & Solutions

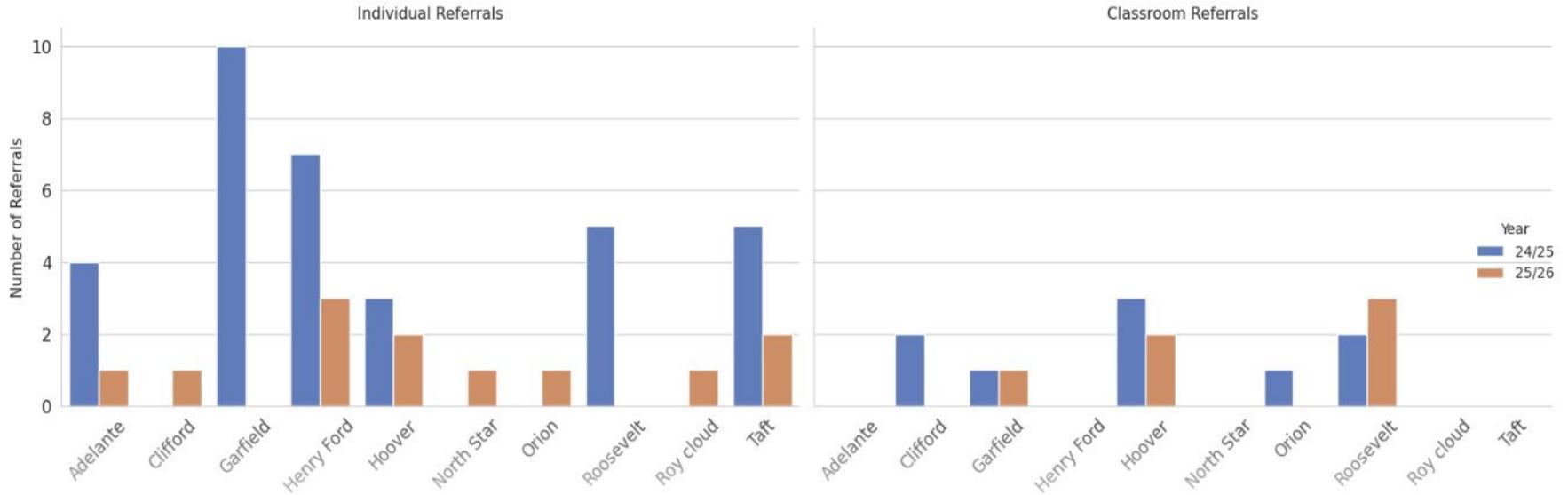
Rising preschool tooth decay rates, often identified during a student's first professional screening, represent a persistent health trend that continues to impact children through first grade.

## Steps to mitigate repeat dental concerns:

- Follow up with parents by Sonrisas on 14-15% of students that have 5 or more cavity or 1 large cavity
- Second parent contact is made by RCSD Enrollment department for 3-5% of students who have urgent needs
- Partnering with Dr. Rubin Sorrell 2025/2026-Pilot Garfield to provide preventative care and care coordination
- Continued partnership with San Mateo Public Health for parent outreach



# Behavioral Support Data



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# Summary of Data and Support

Goal 2

- Notable decline in behavioral referrals from Fall 2024 to Fall 2025, with many sites eliminating classroom referrals due to district-wide PBIS.
- BCBA's and Behavior Technicians provide Tier 2 and 3 interventions to meet LCAP social-emotional goals.
- Teams are trained in data-driven behavioral strategies and evidence-based interventions.
- Student-specific support removes behavioral barriers to ensure full educational access.

**\*Note: PBIS is being implemented at all school sites throughout the district.**

# Summary of Policies

Goals 1 and 5

RCSD's Health and Wellness policies establish essential protocols to safeguard both students and staff. These guidelines prioritize proactive prevention, emergency readiness, and stringent medication oversight, all while fostering a culture of comprehensive well-being across the district.



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# Board Policies

Goal 1

## Policy 6142.1: Sexual Health And HIV/AIDS Prevention Instruction

- Teacher on Special Assignment provides education through Health Connected Curriculum.
- Fall: 5th-grade
- Spring 7th-grade
- Public review of curriculum at the District Office for both grades.
- We prioritize transparency and partnership with our families.
- Parent Information Nights are hosted to review the materials and answer questions.
- Parents have right to opt-out.



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# Board Policies

Goals 1 and 5

## BP 5141: Health Care and Emergencies

- RCSD provides mandatory CPR and First Aid certifications for classified staff.
- Offered 20 free CPR classes to classified staff in 3 year period.

Emergency Equipment Upgrades (2026):

Sites allocation:

- Fewer than 500 students one trauma kit,
- 500+ students two trauma kits.

Trainings	
Classified Staff	222
Certificated	44
Middle School PE	<ul style="list-style-type: none"><li>● 4 (2023)</li><li>● 9 (2025)</li></ul>
Administrators	14
Nurses	<ul style="list-style-type: none"><li>● 4 (2023)</li><li>● 8 (2025)</li></ul>



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# Board Policies

Goal 1 and 5

## **BP 5141.21: Administering Medication and Monitoring Health Conditions**

- Medication administration forms are a part of student registration; must include medical provider authorization and parent consent.
- Nurses tracks expiration dates and notifies parents of needed updates.
- Staff are trained by the district registered nurse to administer medication.



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# Physical Education

Goal 1

## BP 6142.7: Physical Education And Activity

- Funding: K-6th grade PE+ supported by an \$879,000 Sequoia Healthcare District investment, plus district and site funds.
- Assessment: Student progress is tracked individually using FitnessGram.
- 5th Grade Results: Students achieved a 20% fitness increase by the spring.
- 7th Grade Focus: Year-round activities emphasize core strength, flexibility, and upper-body integrity.



# Mental Health

Goal 1, 4 and 6

## BP 5141.5: Mental Health

- Classified and certificated staff receives mandatory 1+ hour of LGBTQ+ cultural competency training (Vector Solutions) due September 30th
- Access to school based mental health information is available via parent handbooks or QR code posters displayed at all school sites.
- Internal and external partners, which makes up 46% of counseling services provided to students. Funded by Sequoia Healthcare District, LCAP, and school sites.

Type	# of Services
Tier 1	518 interventions
Check-ins	2,505 check-ins
Individual Therapy	373 students
Crisis	92



# Sequoia Healthcare District Contribution



Position	Total Cost
Directors of Health and Wellness (1.0 FTE)	
Nursing Services (3 RNs)	
<b>Total Staff Allocation</b>	<b>\$507,849</b>
Counseling Program	
Parent Education Series- Parent Venture	
<b>Subcontracted Services</b>	<b>\$406,550</b>
Health Educator	
Training and Supplies	
<b>Total HSI Funds Provided Directly to the District</b>	<b>\$937,348</b>
<b>Total paid by providers by Sequoia Healthcare District</b>	<b>\$1,038,605</b>
<b>Combined Total</b>	<b>\$2,890,352</b>

Programs	Location
El Centro de Libertad-Substance Abuse	Hoover, Garfield, Roosevelt, Kennedy, Henry Ford, McKinley
Child Mind Institute	Hoover
Friends for Youth Connect Mentoring Programs	Hoover, McKinley, Garfield, Roosevelt, Kennedy
Jasper Ridge Farms Horse Buddies	RCSD Special Education Students
PCC PE+ Programs	10 Schools
United Through Education	All schools
Acknowledge Alliance	Adelante
Expanded Learning Opportunities	

Goal 6

Service	District Contribution
Counseling Services funded through LCAP and Sites	\$693,000
PE+ District Contribution	\$626,332



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# Sequoia Healthcare District

Goal 6

## Strategic Impact of Health Services Initiative (HSI) Funding: Redwood City School District

- LCAP Alignment (Goal 1): Directly advances the district's commitment to strengthening social-emotional frameworks and fostering a positive, inclusive school climate.
- Fiscal Sustainability: Serves as a critical financial bridge by securing specialized contracted services and community partnerships, ensuring service continuity during periods of district budgetary realignment.

## 2026–2027 SHD Strategic Allocation Priorities:

- Clinical Support: Expanding counseling services and evidence-based social-emotional development programs.
- Holistic Wellness: Promoting health literacy, physical activity, and the delivery of essential clinical health services.
- Community Advocacy: Cultivating deep family partnerships and mobilizing community-based resources to support student success.



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# Key Takeaways

Goal 2, 4 and 6

- External partnerships bridge healthcare gaps for underserved families.
- In-school care minimizes lost instructional time and prevents outbreaks.
- Behavior referrals have decreased overall, though remaining cases require high-intensity monitoring.
- Sequoia Healthcare District and Healthy Start Initiative grants sustain our highly qualified team.

# Questions